

# SAVE THE DATE

## Save the Date: Thursday, December 10, 2009

Join us for the *2<sup>ND</sup> Annual Community Wellness & Recovery Conference*, sponsored by On Our Own of Maryland's, WRAP<sup>®</sup> Outreach Project and the University of Maryland Baltimore.

Spend an afternoon with Kathy Muscari, Ph.D., Director Consumer Organization and Networking Technical Assistance Center (CONTAC) of the West Virginia Mental Health Consumers' Association. Kathy, a nationally renowned trainer, consultant & researcher, is currently a consultant with On Our Own of Maryland, Inc., working to enhance our network's efficacy and productivity. She has a long history of creating community partnerships between consumer and provider networks. Kathy is also an Advanced Level WRAP<sup>®</sup> Facilitator.

Community partnerships continue to be imperative for the transformation of Maryland into a wellness and recovery leader for other states. These partnerships are forging creative solutions to difficult economic times.

Many of us have witnessed the difference that having a Wellness Recovery Action Plan (WRAP<sup>®</sup>) makes firsthand for ourselves and for those we serve. WRAP<sup>®</sup> continues to inspire many of us to achieve our goals and to move forward in our lives. Cheryl Sharp MSW, ALWF will facilitate a dialogue on how to implement WRAP<sup>®</sup> in our agencies, our own lives and our communities.

**Please join us on Thursday, December 10, 2009  
from 1:00 pm to 4:30 pm at THE MEETING HOUSE in Columbia, MD.**

**Conference cost is \$35.00.**

**3 CEUs provided by University of Maryland Baltimore.**

**Registration brochure to follow.**

**If you have any questions, please contact Cheryl Sharp at  
410-646-0262 x26 or [cheryls@onourownmd.org](mailto:cheryls@onourownmd.org)**



A Certificate for Continuing Education Units or Continuing Education Credit Hours of Category 1 will be awarded upon completion of this training and of a completed evaluation. The Mental Health Services Training Center of the University of Maryland School of Medicine, Department of Psychiatry is authorized as a sponsor of Continuing Education Units. The Center maintains responsibility for this program. A Certificate of Attendance will be made available for all other disciplines.