

# Dental Workshop

- This presentation is for consumers, family members, and professionals.
- Medications can cause serious dental problems: dry mouth, difficulty swallowing, altered taste, etc.
- Learn about self care and choices to improve one's dental health.
- Meet professional dental hygienists from Montgomery County Dental Programs and the private sector.
- Identify causes of dental problems such as high acid foods, dry mouth, and demineralization.
- Become familiar with methods and treatments to alleviate these issues.

**Date: Monday, November 14, 2011—1:00 pm —3:00 pm**

**Where: Mental Health Core Service Agency  
751 Twinbrook Parkway, 1st Floor Conference Room  
Rockville, MD 20851**

**Please RSVP—by November 11th**



Beth McKinney is a dental hygienist and case manager with the Montgomery County Public Health Department in Maryland. Beth graduated with honors from both the University of Maryland with a Bachelor of Science Degree in Dental Hygiene and from Old Dominion University with a Master's of Science Degree in Dental Hygiene. She previously worked as a patient care coordinator with the National Institutes of Health in Bethesda, Md. She treated medically compromised patients and acutely ill patients and provided oral health education for health-care providers. She also coordinated hospital care for patients in several research studies..

Lisa Stillman RDH, BS is a clinical dental hygienist and the NE Xylitol Educator for Xlear, Inc. Lisa has developed an organization called "Dental Voice for Mental Health" that assist mental health care recipients in caring for their oral health with awareness and education. . She presents courses to her peers, mental health professionals, advocacy groups, mental health facilities and writes articles and presentations to promote the importance of putting oral health at the forefront for total care. Lisa is featured in the BP Magazine and the SZ Digest concerning oral health.



If you have questions or wish to RSVP, please contact:  
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