

Level of Care V: Intensive Outpatient (IOP) Treatment- Adult, Child, and Adolescent

I. Principles for Medical Necessity Criteria:

Intensive Outpatient (IOP) is a program of intense treatment involving multiple treatment services on multiple days provided by a multidisciplinary team. An IOP program provides a minimum of three hours of therapeutic services per day, which includes at least two group therapies. The treatment constellation can include individual, group or family therapy and medication management.

When an Individual has a mental disorder that requires professional evaluation and treatment, he/she should be treated at the least intensive setting able to meet the individual's medical needs.

Satisfaction of all admission and continued care criteria must be documented in the clinical record based upon the conditions and factors identified below before treatment will be authorized.

II. Admission Criteria	<p><i>All of the following criteria are necessary for admission:</i></p> <ul style="list-style-type: none"> A. The consumer has a PMHS mental health DSM-IV diagnosis, and the Individual's impairment(s) can be expected to be stabilized at this level of care. B. The impairment(s) results in a clear, current threat to the Individual's ability to live in his/her customary setting. C. The Individual does not require a more intensive level of care. D. All less intensive levels of treatment have been determined to be unsafe or unsuccessful.
III. Severity of Need and Intensity of Service	<p>Medical necessity for admission to an IOP must be documented by the presence of all of the criteria. The length of the program varies based on the Individual's needs and medical necessity. IOP is less intensive than Partial Hospitalization services but is intended for Individuals whose condition is not likely to respond to traditional outpatient services, and requires an integrated program of coordinated and structured multidisciplinary services at least 3 hrs/day. Active involvement of the Individual, family, caretakers, or significant others involved in the Individual's treatment should be sought.</p>
IV. Continued Stay Criteria:	<p><i>All of the following criteria are necessary for continuing treatment at this level of care:</i></p> <ul style="list-style-type: none"> A. The consumer continues to meet admission criteria. B. Clinical evidence indicates that the therapeutic re-entry into a less intensive level of care would result in exacerbation of the symptoms of the Individual's mental disorder. C. Progress in relation to specific symptoms/impairments/dysfunction is clearly evident and can be described in objective terms, but goals of treatment have not been achieved or adjustments in the

	<p>treatment plan to address the lack of progress are evident and/or a second opinion on the treatment plan has been considered. (There should be daily progress notes that document treatment and the Individual's response to treatment.)</p> <ul style="list-style-type: none">D. There is evidence that the Individual, family, caretaker or significant other is involved in treatment in the frequency and manner indicated by the treatment plan.E. There is documented active planning for transition to a less intensive level of care
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