

Level of Care V: Therapeutic Behavioral Services (TBS)- Child and Adolescent

I. Principles for Medical Necessity Criteria:

The Therapeutic Behavioral Service (TBS) Program is a rehabilitative referred service for children and adolescents under 21 years of age. It is designed to provide rehabilitative treatment interventions to reduce or ameliorate the target maladaptive behavior(s) appropriately through restoration of an Individual to his/her best possible functional level.

When an Individual has a mental disorder that requires professional evaluation and treatment, he/she should be treated at the least intensive setting able to meet the individual's medical needs.

Satisfaction of all admission and continued care criteria must be documented in the clinical record based upon the conditions and factors identified below before treatment will be authorized.

II. Admission Criteria:	<p><i>All of the following criteria are necessary for admission:</i></p> <ul style="list-style-type: none"> A. The consumer has a PMHS specialty mental health DSM-IV diagnosis with maladaptive behaviors or symptoms relating to that diagnosis. B. There is clinical evidence that the behaviors or symptoms place the Individual's current living arrangement at risk and create a risk for a more restrictive placement, or prevent transition to a less restrictive placement. C. The services required are rehabilitative, not habilitative, custodial or activities of daily living. D. The Individual's behaviors or symptoms can be safely and effectively treated in the community. E. The Individual requires on-site one-to-one behavioral assistance and intervention in order to accomplish outcomes specified in the behavioral plan.
III. Severity of Need and Intensity of Service	<p>Medical necessity for admission to TBS Care must be documented by the presence of all of the criteria. Length and frequency of service varies based on the Individual's needs and medical necessity. TBS shall be decreased proportionally when indicated by the Individual's progress. A parent, guardian or the individual who customarily provides care must be present during the provision of services to participate in the behavioral plan unless there are clinical goals specifically addressed in the behavior plan that require that the parent, guardian or individual who customarily provides care not be present.</p>
IV. Continued Stay Criteria:	<p><i>All of the following criteria are necessary for continuing treatment at this level of care:</i></p> <ul style="list-style-type: none"> A. The consumer continues to meet admission criteria despite

	<p>treatment efforts, or there is emergence of additional problems consistent with the admission criteria.</p> <p>B. The target outcomes have not yet been reached.</p> <p>C. The services have been decreased proportionally when indicated by the Individual's progress.</p> <p>D. There is clinical evidence of symptom improvement using the service. If there is no improvement:</p> <ul style="list-style-type: none">➤ the Individual was reassessed for new target symptoms, and➤ the treatment plan has been reviewed and/or a second opinion of the treatment plan.
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